



The Fellowship Chronicles

November 2024



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LESSONS FROM YESHUA

Doubt and fear cannot remain where trust and love have come. Yet doubt and fear will present themselves for acceptance through the vision of the world. **Keep the vision of Christ before you** and perception will vanish in the transformation by the Holy Spirit.

The world has wondrous ways of pulling you into its dream and you each do go there for short periods. The key is not to stay there. The time will come when you won't go there at all, but until then, be mindful and forgiving of yourselves, for that is what you have currently.

Consistently release your perceptions and the truth will consistently present itself to you. Practice living above appearances. This isn't difficult, it just takes dedication and practice.

We must love those we pray for and those we heal. There is nothing more powerful than love. We put the ego personality aside and allow the natural flow of Christ love to move through us. The Holy Spirit will then use the love to transform the illusion into truth.

Through love we see past the illusion and into the truth of the person. This is loving the person for who they are, not what they say or do. That helps them by weakening and dispersing the negative energy of their actions or words. This is accomplished through Christ love which does not honor errors but sees the brother or sister like itself. This love can't be pretended, it is genuine truth. Pretense is illusion and so is ineffectual.

Yeshua, January 3, 2004

Editor: Kathryn Romani

Next Newsletter: February

Submissions to this newsletter are welcome. Please share your stories, poems, photos and insights for the next edition.

Deadline: February 1, 2025

Email:

kathryn@sacredgarden-fellowship.org (without the hyphen)

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Happy Hanukkah - Merry Christmas



**Happy
New Year**

Calendar of Events

NOVEMBER (* via Zoom)

- **Thursday, November 21 at 7:00 p.m. EST Sharing & Growing Spiritually Together*** with Mary Lee for SGF members only. A zoom link will be sent to all members a day prior to the event.
- **Monday, November 27 at 7:30 p.m. EST Mother Earth Meditation*** with Kathryn Romani. A link will be sent to all members. Open to non-members, too.
- **Thursday, November 29 at 11:00 a.m. EST Thanksgiving Day Gratitude Meditation*** with Kathryn Romani. All are welcome. Link will be emailed to all.

DECEMBER (* via Zoom)

Note: Future dates for the **Sharing & Growing Together Spiritually*** forum will be posted on the SGF website.

- **Wednesday, December 1 at 7:00 p.m. EST Relaxation and Healing Meditation*** with Steve Rudnick - Everyone is invited. A link will be sent to members.
- **Thursday, December 5 at 7:00 p.m. EST Sharing & Growing Spiritually Together*** with Mary Lee for SGF members only. A zoom link will be sent to all.
- **Tuesday, December 10 at 7:00 p.m. EST - Spiritual Lessons from the Master Teachers*** with Don Gilbert (Part 2) \$20 per lesson. Discussing our experience of the lesson. Link will be emailed to you. Please register on the SGF website.
- **Wednesday, December 18 at 7:00 p.m. EST—Relaxation and Healing Meditation*** with Steve Rudnick - All are invited. A link will be emailed.
- **Thursday, December 19 at 7:00 p.m. EST Sharing & Growing Spiritually Together*** with Mary Lee for SGF members only. A zoom link will be sent to all.
- **Monday, December 30 at 7:30 p.m. EST - Mother Earth Meditation*** with Kathryn Romani. A link will be sent to all members. Open to non-members, too.



JANUARY

- **Fri.-Sun., January 24-26 Truth Healing Weekend Retreat.** Details will be emailed to members.

FIRE AT HARVEST HOUSE



SGF is sorry to report that on the night of November 13 a fire broke out in SGF's home base — Harvest House in Gilbertsville, NY. The proprietor is our Beloved Sister Sherry Snook, who was burned while bravely trying to extinguish the fire. Now, she is out of the hospital and recuperating. The kitchen area was burned and requires rebuilding. The rest of the beautiful Bed & Breakfast has suffered smoke damage.

Anyone who has been to Harvest House knows how hard Sherry has worked to create a heart-warming, serene environment where spiritual seekers can gather together to learn from each other and progress upon their spiritual path.

Although insurance will cover structural damage, there are many other costs that Sherry will incur to restore and revive Harvest House. Help is needed **NOW**. Please extend a helping hand by making a generous donation to this important cause.

Go-Fund-Me Page

The SBF Board has initiated a Go-Fund-Me Page to make it easy for SGF members and friends to donate toward this most worthwhile cause. If you would like to help, please go to the following website:

<https://gofund.me/bfd9b486>

Thank you for opening your heart and demonstrating your generosity.

Message from Yeshua

11/16/2024 Yeshua

I call upon you all now as light workers to do what we have been asking you to do. Do not judge yourself or others. There is enough judgement in the world and in spiritual originations that needs to go. You have the chance of changing things from negative to positive by not judging each other and not going into the fear and anger that is present in the world now.

It is time to be the truth of who you are and not drop into the illusions that are going on around you. For in truth, no one can hurt the truth of who you are. You are a child of God; you are spirit and at one with all.

Try to recognize it when you are judging, or going into fear, and stop and tell your ego that you are not going there. As I have told this beloved woman, she is to forgive herself and ask for forgiveness in spirit from the person she is judging and ask them for forgiveness as well. Then hold everyone in The Father's Holy Light and Love and send them blessings. This is all you have to do to send healing to all involved. Peace be with you.

Submitted by Sherry Snook

*Merry
Christmas*
&
HAPPY NEW YEAR



Knowing Who You Are

Be not afraid
of what the open roads reveal.
For you have a place
Within
All things, all circumstances,
all relationships
of your choosing.

Bereft of Love
You never are.
For that would show a God
of conditions,
not of Benevolence and
True Compassion.

If you are made in the very substance
of the One who Created you,
then how can you want for anything?
How could 'lack' exist?

You have everything.
You ARE everything.

Precious you are
In the eyes of the Beloved.
Precious in your own eyes, too.

Look deep.
Now even deeper.

Do you not see your True Reflection?

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Trifecta of Spiritual Studies

The Transformative Power of *A Course in Miracles (ACIM) Daily Lessons*

It was about the second year into the pandemic when I joined *A Course of Love (ACOL)* Zoom group. The one I found was a truly international crew of about 6 to 10 people – many were from the U.S., there were a couple of Canadians like myself, and even individuals from Scotland and South Africa. We joined faithfully twice a week and connected in Love despite never having met in person. It was one of those experiments of technology where you could feel how energy works despite time, space, and distance.

Lesly, who ran the group, was from Nova Scotia, Canada. She and I formed an instant bond despite our 25-year age difference. My dear friend passed into the spirit world just as we were all coming out of the pandemic. I am so grateful to her for the group she ran from 2020-2023, which was truly life-changing.

Through the group experience, I received great comfort reading our brother Yeshua's words in *A Course of Love (ACOL)*, where he emphasizes the need to unify our minds and hearts. I had never quite 'understood' ACOL when reading it on my own. But reading it with Lesly and our band of international Zoom'ers, we went deep into the recesses of our hearts, sharing our individual life stories as we weaved our practice of ACOL into our lives. Or, as it weaved through us.

Amongst the many gifts my dear friend Lesly shared with me was her love for another Course transmitted by our brother Yeshua – *A Course in Miracles (ACIM)*. Lesly shared that despite 30 years practicing Buddhism and being in a 12-Step Program, it was *A Course in Miracles* that truly helped to awaken her spirit and open her heart to Yeshua's Love.

Her anecdotes about *ACIM* planted a seed in me. I had a copy of *ACIM* on my bookshelf collecting dust for the past decade. In addition to the Christian terminology that did not appeal to me, I simply could not follow the sequence.



Tehmina Ayana Meherali

But something shifted when Lesly shared how she felt Yeshua's presence so intimately in her practice of *A Course in Miracles*. Perhaps it was the poetic way that *A Course in Miracles* is channeled with many parts in iambic penta-meter. Lesly and I both love literature and poetry.

Lesly also shared that I didn't have to read the denser parts of *ACIM*, which is the Text. She suggested I start with the daily **Workbook lessons** – 365 lessons that our brother Yeshua offers us. One lesson per day of the year that you can practice every hour. Imagine the power of people all over the world practicing the same lesson for the day! This was all very intriguing to me.

Lesly even told me about an audio *ACIM Conference Call* where a facilitator leads the group into that day's lesson every morning.

And so, I attended my first *ACIM Conference Call* in August of 2021. I believe the lesson was: **Lesson 245 – Your peace is with me, Father. I am safe.** Here is a short excerpt of this lesson from the *Original Edition (OE) of ACIM*:

Your peace surrounds me, Father. Where I go, Your peace goes there with me. It sheds its light on everyone I meet. I bring it to the desolate and lonely and afraid. I give Your peace to those who suffer pain or grieve for loss or think they are bereft of hope and happiness...

I was deeply moved by the exquisite simplicity of the lesson, and from that morning on, I was hooked! I could feel the power of practicing the daily lessons in a group where our energies and beautiful intents magnified.

It has been three years and running since my practice of the daily *ACIM Lessons* began and the gifts have been many. Through the daily ACIM lessons, I now consistently and experientially feel the power of the Holy Spirit in my mind and in all aspects of my life. And most of all, I have been able to deepen my practice of forgiveness, which has felt miraculous. Practicing these lessons has also helped me to integrate more easily the Sacred Garden Fellowship (SGF) teachings of Archangel Gabriel, Yeshua, and the other Master teachers.

Yeshua says the purpose of *ACIM* is 'mind-training' and I have discovered what a Master Psychologist our Brother truly is! Each lesson builds our mind's capacity to take in the Love of the Father, and to weave forgiveness upon ourselves and our brothers and sisters. Each lesson helps to undo the subconscious guilt and fear we all carry due to our mistaken belief that we are separate entities, or that we separated from our Creator.

Like a loving Father speaking intimately with His child, I take in daily, the depth of God's Love for us, His Creation. It seems we need to hear this over and over, in a multitude of ways for such is the heaviness and defense of unconscious guilt we have and project. I read in the daily lessons, often in disbelief, that God sees no error, absolutely nothing wrong in us. But, we, in our conditioned state of lack and negativity have difficulty in accepting this message of our perfection and eternal innocence.

The daily lessons practice has instilled in me a peace beyond my imagination. As my mind has quieted its subconscious thoughts of fear, lack, and grievances, it has been replaced with greater Love, serenity, and forgiveness, which of course is our natural state.

As my mind continues to transform in miraculous ways, my practice of both courses continues: *A Course of Love* awakens my heart; *A Course of Miracles* changes my mind. And the teachings through Sacred Garden – they are absolutely invaluable in helping me to understand the deeper purpose of our incarnation, how we came to be, and how to bring healing and Wholeness to ourselves and others. SGF teachings fill in so many blanks that would exist if I were only practicing ACOL and ACIM on their own. This is why I call my immersion of the 'Courses' alongside SGF material, my 'trifecta' of Spiritual Studies!

I am so grateful to my brothers and sisters on this journey who have come into in my life in perfect Divine Order and Timing. I bless the spirit of my dear friend Lesly. I bless all of you in this community also. For we have been reminded, in Truth, there are no 'others'. We are One. What we imbue upon ourselves, we imbue unto one another. We need each other (and this includes those who may not think like us) for we are walking one another Home.

I leave you with an excerpt from *ACIM OE Text Chapter 21 – The Simplicity of Salvation Section II The Illusion of an Enemy*:

This brother neither leads nor follows us, but walks beside us on the selfsame road. He is like us, as near or far away from what we want as we will let him be. We make no gains he does not make with us, and we fall back if he does not advance. Take not his hand in anger but in love, for in his progress do you count your own.

If you would like more information about any of the groups or materials I've mentioned, or, would like to practice ACIM daily lessons, please feel free to reach out to me:

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MY LEAP OF FAITH WAS REWARDED

By Randee Hartz



Randee Hartz

It was August, a week before the new school year, when I got the call. My elementary Special Projects Program for Gifted and Talented students had not survived the last round of budget cuts. This presented a major dilemma in my teaching career. I was to immediately remove my curriculum material and, in consolation, was offered a third grade position.

The news came as an crushing blow. “How could this happen now?” I shouted, feeling betrayed by the loss of this program, my heart’s desire for thirteen years. When I left school in June, I knew this might occur, yet all summer there was no indication it would. The news weighed heavily as I began to consider its consequences and my options.

Being single, with resources to draw upon but insufficient to carry me through the year, the third grade position offered security, but no appeal of excitement or promise of fulfillment. A surging feeling within urged me to say “NO,” although how I’d manage and what else I’d do was unknown. Then came a still, small voice, “At the moment of commitment the entire universe conspires to assist you.”* Ah, the light of possibility! Hearing this, I felt the courage to take a leap of faith.

Believing I’d be guided to a better future, the next morning I declined the third grade position and requested a self-funded sabbatical. Unexpectedly, I had an insight. With the cancellation of the program, there was a void to be filled. An idea followed with a rush of excitement, “What if I created an afterschool enrichment program?”

It didn’t take long for word to spread about the program’s cancellation. Parents began to call asking if I’d work with their children after-school? One offered to pay for my marketing needs, with gratitude for his daughters’ experience in the Special Projects Program. Soon, “Developing Minds” was birthed! My new entrepreneurial risk became a huge success and satisfied my financial needs.

My less structured schedule allowed me to connect more often with a professor I’d met at a Thinking Conference the year before. As my mentor, his guidance helped me develop effective ways to integrate Reflective Practice and Critical/Creative Thinking in the classroom which transformed my career. I welcomed the opportunity to test these techniques in my classroom the following year. In response to encouraging results, I co-presented my findings with him at a conference at M.I.T. in 1993, a highlight of my career!

With more time came freedom to pursue other things of personal importance. I developed a daily meditation practice, greatly expanded my spiritual knowledge, and cultivated my relationship with a man I’d recently met and later married!

Looking back, none of this would have occurred if I had accepted the third grade position offered to me. With my leap of faith, I changed and so did my life!

I am grateful for all that followed, for trusting my inner guidance and following God’s will, which brought me to what was of greatest benefit.

*Goethe

THANKSGIVING CREATES JOY AND LOVE

"Before I leave you, I would leave you with a thought. You have created a holiday called: 'Thanksgiving.' Now, Thanksgiving should be every day in every way because in that way you bring joy and joy brings love and love is what it's all about."

Archangel Gabriel, I AM GABRIEL, Pg. 58. Copyright 2015 Rev. Penny Donovan. All rights reserved.

SGF Board of Directors Contact Information

A Zoom SGF Board Meeting is held on the 2nd Monday of each month. Readers with suggestions, comments or questions can contact any of the board members via the emails listed below.

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Monthly Mother Earth Meditations



Have you heard? SFGF is holding a Mother Earth Meditation on the last Monday of each month, hosted by Kathryn Romani and other members. As Light Workers, it is incumbent upon us to send Mother Earth healing energy and gratitude for all the gifts she bestows upon us.

So many of Archangel Gabriel's lessons include mention of Mother Earth. As we lift her in the Love and the Light of the Lord for her highest good, all of nature and Earth's inhabitants are also lifted up. Please join us.

"Mother Earth is a sacred planet. Mother Earth was created in holiness. She has never lost her holiness. She has been violated greatly by humankind's misperceptions, but that too is changing. And she is casting off the old, rigid, limited ways. That is why you have earthquakes, tidal waves, and all things that you perceive to be negative. They are not negative. ...They are her way of becoming, indeed."

Archangel Gabriel, *THE EASTER STORY*, Pgs. 41-42.